



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Henscheid, Stefan

Club: LTG Troisdorf DUV
Number: 124

Course: 100.20 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 14:25:41

Speed: 6.93 km/h
Running performance: 8:38 min/km

Rank in course/Total: 140 (of 216)

Rank in course/Men: 118 (of 181)

Best time in course: 8:48:12

Rank in category: 30(of 38)

Best time in the category: 10:23:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:51:25	8:34	33	1:02:01	146	1:26:13	27.00	3:51:25	8:34	33	1:02:01	145	1:26:13
Floh-Seligenthal	27.00	3:49:19	8:29	29	1:02:10	132	1:28:19	54.00	7:40:44	8:31	31	2:04:11	143	2:54:32
Finsterbergen	22.00	3:22:59	9:13	27	51:50	110	1:22:57	76.00	11:03:43	8:43	30	2:55:47	127	4:14:37
Prefinish	23.70	3:20:15	8:26	26	1:06:05	97	1:22:12	99.70	14:23:58	8:39	30	4:01:52	117	5:36:49
Fröttstädt	0.50	1:43	3:25	32	0:31	129	0:44	100.20	14:25:41	8:38	30	4:02:20	118	5:37:29