



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Heitfeldt, Ulrich

Club: LG Hannover
Number: 179

Course: 100.20 km
100 Kilometer

Category:
Senioren M55 (55-59 Jahre)

Total time: 14:36:50

Speed: 6.84 km/h
Running performance: 8:45 min/km

Rank in course/Total: 143 (of 216)

Rank in course/Men: 121 (of 181)

Best time in course: 8:48:12

Rank in category: 18(of 28)

Best time in the category: 9:25:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:37:43	8:03	20	1:04:27	123	1:12:31	27.00	3:37:43	8:03	20	1:04:27	122	1:12:31
Floh-Seligenthal	27.00	3:55:22	8:43	23	1:28:45	144	1:34:22	54.00	7:33:05	8:23	22	2:33:12	131	2:46:53
Finsterbergen	22.00	3:29:01	9:30	18	1:15:26	121	1:28:59	76.00	11:02:06	8:42	20	3:48:38	124	4:13:00
Prefinish	23.70	3:32:59	8:59	18	1:22:23	114	1:34:56	99.70	14:35:05	8:46	18	5:11:01	120	5:47:56
Fröttstädt	0.50	1:45	3:30	21	0:32	132	0:46	100.20	14:36:50	8:45	18	5:11:32	121	5:48:38