



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Herder, Sven

Club: SG Dynamo Dresden
Number: 121

Course: 100.20 km
100 Kilometer

Category:
Senioren M35 (35-39 Jahre)

Total time: 8:48:12

Speed: 11.36 km/h
Running performance: 5:16 min/km

Rank in course/Total: 1 (of 216)

Rank in course/Men: 1 (of 181)

Best time in course: 8:48:12

Rank in category: 1(of 18)

Best time in the category: 8:48:12

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	2:26:07	5:24	2	0:55	2	0:55	27.00	2:26:07	5:24	2	0:55	2	0:55
Floh-Seligenthal	27.00	2:22:57	5:17	2	1:57	2	1:57	54.00	4:49:04	5:21	2	2:52	2	2:52
Finsterbergen	22.00	2:00:02	5:27	1	-	1	-	76.00	6:49:06	5:22	1	-	1	-
Prefinish	23.70	1:58:03	4:58	1	-	1	-	99.70	8:47:09	5:17	1	-	1	-
Fröttstädt	0.50	1:03	2:06	1	-	2	0:04	100.20	8:48:12	5:16	1	-	1	-