



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Töppner, Gero

Club: LaufForest
Number: 96

Course: 100.20 km
100 Kilometer

Category:
Senioren M35 (35-39 Jahre)

Total time: 14:54:15

Speed: 6.71 km/h
Running performance: 8:55 min/km

Rank in course/Total: 155 (of 216)

Rank in course/Men: 132 (of 181)

Best time in course: 8:48:12

Rank in category: 14(of 18)

Best time in the category: 8:48:12

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:50:15	8:31	15	1:25:03	144	1:25:03	27.00	3:50:15	8:31	14	1:25:03	143	1:25:03
Floh-Seligenthal	27.00	4:14:36	9:25	16	1:53:36	163	1:53:36	54.00	8:04:51	8:58	15	3:18:39	155	3:18:39
Finsterbergen	22.00	3:35:03	9:46	14	1:35:01	132	1:35:01	76.00	11:39:54	9:12	15	4:50:48	150	4:50:48
Prefinish	23.70	3:12:43	8:07	10	1:14:40	90	1:14:40	99.70	14:52:37	8:57	13	6:05:28	131	6:05:28
Fröttstädt	0.50	1:38	3:15	13	0:35	118	0:39	100.20	14:54:15	8:55	14	6:06:03	132	6:06:03