



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Cavaleiro, Claudia

Club: OSC Waldniel / 100 MC
Number: 106

Course: 100.20 km
100 Kilometer

Category:
Seniorinnen W45 (45-49 Jahre)

Total time: 15:00:26

Speed: 6.66 km/h
Running performance: 8:59 min/km

Rank in course/Total: 157 (of 216)

Rank in course/Women: 24 (of 35)

Best time in course: 9:56:00

Rank in category: 6(of 7)

Best time in the category: 10:34:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	4:06:10	9:07	7	1:27:30	32	1:32:24	27.00	4:06:10	9:07	7	1:27:30	32	1:32:24
Floh-Seligenthal	27.00	3:51:52	8:35	6	56:57	26	1:15:59	54.00	7:58:02	8:51	7	2:24:27	28	2:48:23
Finsterbergen	22.00	3:33:17	9:41	6	1:02:20	23	1:11:59	76.00	11:31:19	9:05	6	3:26:47	26	4:00:22
Prefinish	23.70	3:27:44	8:45	6	59:31	22	1:03:52	99.70	14:59:03	9:01	6	4:26:18	24	5:04:14
Fröttstädt	0.50	1:23	2:46	4	0:07	12	0:13	100.20	15:00:26	8:59	6	4:26:25	24	5:04:26