



# 10. Thüringen ULTRA Fröttstädt / 02.07.2016

## Detailed evaluation

Ehrlich, Volker

Club: Impuls Erfurt  
Number: 1002

Course: 160.00 km  
100 Meilen

Category:  
Senioren M55 (55-59 Jahre)

Total time: 24:01:26

Speed: 6.66 km/h  
Running performance: 9:01 min/km

Rank in course/Total: 35 (of 108)

Rank in course/Men: 32 (of 98)

Best time in course: 17:27:33

Rank in category: 5(of 15)

Best time in the category: 20:52:02

## Intermediate times

## Stage score

## Total ranking

| Control          | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men | Total<br>km | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
|------------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|-------------|---------------|-----------------|-------------|----------------|------------|---------------|
| Hörselberg       | 42.50       | 4:35:49       | 6:29            | 3           | 8:26           | 17         | 40:02         | 42.50       | 4:35:49       | 6:29            | 16          | 8:26           | 94         | 40:02         |
| Sontra           | 27.50       | 4:19:10       | 9:25            | 2           | 3:47           | 16         | 1:16:08       | 70.00       | 8:54:59       | 7:38            | 1           | -              | 91         | 1:34:19       |
| Glasbachwiese    | 17.00       | 2:50:31       | 10:01           | 7           | 57:39          | 30         | 57:39         | 87.00       | 11:45:30      | 8:06            | 16          | 21:54          | 89         | 2:10:26       |
| Gensberg/Brotte  | 13.00       | 2:25:58       | 11:13           | 6           | 22:25          | 31         | 40:01         | 100.00      | 14:11:28      | 8:30            | 16          | 44:19          | 80         | 2:50:27       |
| Floh-Seligenthal | 14.00       | 1:38:30       | 7:02            | 13          | 20:53          | 50         | 33:16         | 114.00      | 15:49:58      | 8:19            | 16          | 1:05:12        | 78         | 3:23:43       |
| Finsterbergen    | 22.00       | 4:03:58       | 11:05           | 11          | 1:05:15        | 51         | 1:32:38       | 136.00      | 19:53:56      | 8:46            | 15          | 2:10:27        | 73         | 4:56:21       |
| Prefinish        | 23.50       | 4:05:53       | 10:27           | 11          | 58:48          | 52         | 1:37:07       | 159.50      | 23:59:49      | 9:01            | 15          | 3:09:15        | 71         | 6:33:28       |
| Fröttstädt       | 0.50        | 1:37          | 3:14            | 6           | 0:21           | 29         | 0:31          | 160.00      | 24:01:26      | 9:00            | 5           | 3:09:24        | 32         | 6:33:53       |