



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Armenat, Martin

Club: Triathlon Frirdrichroda e.V.
Number: 1

Course: 100.20 km
100 Kilometer

Category:
Senioren M35 (35-39 Jahre)

Total time: 9:07:26

Speed: 10.98 km/h
Running performance: 5:28 min/km

Rank in course/Total: 2 (of 216)

Rank in course/Men: 2 (of 181)

Best time in course: 8:48:12

Rank in category: 2(of 18)

Best time in the category: 8:48:12

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	2:25:12	5:22	1	-	1	-	27.00	2:25:12	5:22	1	-	1	-
Floh-Seligenthal	27.00	2:21:00	5:13	1	-	1	-	54.00	4:46:12	5:17	1	-	1	-
Finsterbergen	22.00	2:09:21	5:52	2	9:19	2	9:19	76.00	6:55:33	5:28	2	6:27	2	6:27
Prefinish	23.70	2:10:41	5:30	2	12:38	3	12:38	99.70	9:06:14	5:28	2	19:05	2	19:05
Fröttstädt	0.50	1:12	2:23	3	0:09	14	0:13	100.20	9:07:26	5:27	2	19:14	2	19:14