



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Armenat, Martin

Club: Triathlon Frirdrichroda e.V.
Number: 1

Course: 100.20 km
100 Kilometer

Category:
Senioren M35 (35-39 Jahre)

Total time: 9:07:26

Speed: 10.96 km/h
Running performance: 5:28 min/km

Rank in course/Total: 2 (of 216)

Rank in course/Men: 2 (of 181)

Best time in course: 8:48:12

Rank in category: 2(of 18)

Best time in the category: 8:48:12

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos | | Behind | | Total km | Total Time | Total min/km | Pos | | Behind | |
|------------------|-------------|---------------|-----------------|------|-------|--------|-------|-------------|---------------|-----------------|------|-------|--------|-------|
| | | | | Cat. | Men | Cat. | Men | | | | Cat. | Men | Cat. | Men |
| Glasbachwiese | 27.00 | 2:25:12 | 5:22 | 1 | - | 1 | - | 27.00 | 2:25:12 | 5:22 | 1 | - | 1 | - |
| Floh-Seligenthal | 27.00 | 2:21:00 | 5:13 | 1 | - | 1 | - | 54.00 | 4:46:12 | 5:17 | 1 | - | 1 | - |
| Finsterbergen | 22.00 | 2:09:21 | 5:52 | 2 | 9:19 | 2 | 9:19 | 76.00 | 6:55:33 | 5:28 | 2 | 6:27 | 2 | 6:27 |
| Prefinish | 23.70 | 2:10:41 | 5:30 | 2 | 12:38 | 3 | 12:38 | 99.70 | 9:06:14 | 5:28 | 2 | 19:05 | 2 | 19:05 |
| Fröttstädt | 0.50 | 1:12 | 2:23 | 3 | 0:09 | 14 | 0:13 | 100.20 | 9:07:26 | 5:27 | 2 | 19:14 | 2 | 19:14 |