



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Schwiebus, Jan

Club: Dienstagsgespräch Bernsdorf  
Number: 223

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M45 (45-49 Jahre)

Total time: 15:23:36

Speed: 6.50 km/h  
Running performance: 9:13 min/km

Rank in course/Total: 166 (of 216)

Rank in course/Men: 141 (of 181)

Best time in course: 8:48:12

Rank in category: 36(of 43)

Best time in the category: 9:49:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:51:33	8:34	36	1:14:37	148	1:26:21	27.00	3:51:33	8:34	36	1:14:37	147	1:26:21
Floh-Seligenthal	27.00	3:55:02	8:42	37	1:21:48	143	1:34:02	54.00	7:46:35	8:38	38	2:35:18	147	3:00:23
Finsterbergen	22.00	3:38:04	9:54	36	1:24:20	135	1:38:02	76.00	11:24:39	9:00	37	3:51:01	139	4:35:33
Prefinish	23.70	3:57:02	10:00	36	1:45:56	139	1:58:59	99.70	15:21:41	9:14	36	5:33:19	140	6:34:32
Fröttstädt	0.50	1:55	3:50	35	0:52	141	0:56	100.20	15:23:36	9:13	36	5:34:06	141	6:35:24