



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Jensch, Volkmar

Club: Teltow  
Number: 130

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M55 (55-59 Jahre)

Total time: 15:38:52

Speed: 6.39 km/h  
Running performance: 9:22 min/km

Rank in course/Total: 170 (of 216)

Rank in course/Men: 144 (of 181)

Best time in course: 8:48:12

Rank in category: 23(of 28)

Best time in the category: 9:25:18

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:38:08	8:04	21	1:04:52	126	1:12:56	27.00	3:38:08	8:04	21	1:04:52	125	1:12:56
Floh-Seligenthal	27.00	3:49:50	8:30	21	1:23:13	133	1:28:50	54.00	7:27:58	8:17	21	2:28:05	127	2:41:46
Finsterbergen	22.00	3:52:07	10:33	24	1:38:32	153	1:52:05	76.00	11:20:05	8:56	22	4:06:37	138	4:30:59
Prefinish	23.70	4:17:07	10:50	26	2:06:31	156	2:19:04	99.70	15:37:12	9:24	23	6:13:08	143	6:50:03
Fröttstädt	0.50	1:40	3:20	19	0:27	124	0:41	100.20	15:38:52	9:22	23	6:13:34	144	6:50:40