



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Scherbe, Ralf

Club: SSV-MG-Ahlsdorf
Number: 125

Course: 100.20 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 15:43:01

Speed: 6.36 km/h
Running performance: 9:25 min/km

Rank in course/Total: 174 (of 216)

Rank in course/Men: 148 (of 181)

Best time in course: 8:48:12

Rank in category: 38(of 43)

Best time in the category: 9:49:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:17:34	7:19	20	40:38	79	52:22	27.00	3:17:34	7:19	20	40:38	78	52:22
Floh-Seligenthal	27.00	3:53:00	8:37	35	1:19:46	139	1:32:00	54.00	7:10:34	7:58	25	1:59:17	106	2:24:22
Finsterbergen	22.00	4:07:15	11:14	40	1:53:31	163	2:07:13	76.00	11:17:49	8:55	36	3:44:11	137	4:28:43
Prefinish	23.70	4:22:40	11:04	40	2:11:34	160	2:24:37	99.70	15:40:29	9:25	38	5:52:07	147	6:53:20
Fröttstädt	0.50	2:32	5:03	39	1:29	161	1:33	100.20	15:43:01	9:24	38	5:53:31	148	6:54:49