



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Kilian, Alexandra

Club: yogawi.de
Number: 181

Course: 100.20 km
100 Kilometer

Category:
Seniorinnen W55 (55-59 Jahre)

Total time: 15:44:09

Speed: 6.35 km/h
Running performance: 9:25 min/km

Rank in course/Total: 176 (of 216)

Rank in course/Women: 28 (of 35)

Best time in course: 9:56:00

Rank in category: 6(of 6)

Best time in the category: 13:15:03

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	4:04:23	9:03	6	32:19	31	1:30:37	27.00	4:04:23	9:03	6	32:19	31	1:30:37
Floh-Seligenthal	27.00	3:53:39	8:39	6	27:08	27	1:17:46	54.00	7:58:02	8:51	6	58:37	28	2:48:23
Finsterbergen	22.00	3:53:35	10:37	6	45:40	30	1:32:17	76.00	11:51:37	9:21	6	1:35:42	28	4:20:40
Prefinish	23.70	3:50:55	9:44	5	53:42	26	1:27:03	99.70	15:42:32	9:27	6	2:28:47	28	5:47:43
Fröttstädt	0.50	1:37	3:14	5	0:19	24	0:27	100.20	15:44:09	9:25	6	2:29:06	28	5:48:09