



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Fender, Birgit

Club: 100marathon42.de
Number: 116

Course: 100.20 km
100 Kilometer

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 15:44:41

Speed: 6.35 km/h
Running performance: 9:26 min/km

Rank in course/Total: 177 (of 216)

Rank in course/Women: 29 (of 35)

Best time in course: 9:56:00

Rank in category: 9(of 9)

Best time in the category: 11:37:24

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	4:01:22	8:56	9	1:05:43	29	1:27:36	27.00	4:01:22	8:56	9	1:05:43	29	1:27:36
Floh-Seligenthal	27.00	4:06:24	9:07	9	1:10:04	29	1:30:31	54.00	8:07:46	9:01	9	2:15:47	31	2:58:07
Finsterbergen	22.00	3:51:56	10:32	9	1:01:13	29	1:30:38	76.00	11:59:42	9:28	9	3:17:00	30	4:28:45
Prefinish	23.70	3:43:10	9:24	8	49:44	25	1:19:18	99.70	15:42:52	9:27	9	4:06:44	29	5:48:03
Fröttstädt	0.50	1:49	3:38	8	0:36	28	0:39	100.20	15:44:41	9:25	9	4:07:17	29	5:48:41