



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Häger, Sven-Eric

Club: KNBLO Niederlande
Number: 1009

Course: 160.00 km
100 Meilen

Category:
Senioren M50 (50-54 Jahre)

Total time: 27:45:01

Speed: 5.77 km/h
Running performance: 10:25 min/km

Rank in course/Total: 71 (of 108)

Rank in course/Men: 64 (of 98)

Best time in course: 17:27:33

Rank in category: 18(of 30)

Best time in the category: 20:42:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.50	5:57:02	8:24	23	2:01:15	81	2:01:15	42.50	5:57:02	8:24	28	2:01:15	94	2:01:15
Sontra	27.50	6:09:44	13:26	24	2:33:28	84	3:06:42	70.00	12:06:46	10:22	26	4:34:43	91	4:46:06
Glasbachwiese	17.00	3:26:01	12:07	19	1:02:15	74	1:33:09	87.00	15:32:47	10:43	26	5:18:33	89	5:57:43
Gensberg/Brotte	13.00	2:24:35	11:07	7	23:40	29	38:38	100.00	17:57:22	10:46	22	4:44:44	80	6:36:21
Floh-Seligenthal	14.00	1:31:12	6:30	9	11:33	31	25:58	114.00	19:28:34	10:15	22	4:54:28	78	7:02:19
Finsterbergen	22.00	4:10:55	11:24	16	1:09:41	59	1:39:35	136.00	23:39:29	10:26	20	6:04:09	73	8:41:54
Prefinish	23.50	4:04:03	10:23	14	1:01:51	51	1:35:17	159.50	27:43:32	10:25	20	7:02:08	71	10:17:11
Fröttstädt	0.50	1:29	2:58	3	0:11	20	0:23	160.00	27:45:01	10:24	18	7:02:10	64	10:17:28