



# 10. Thüringen ULTRA

Fröttstädt / 02.07.2016

## Detailed evaluation

**Michel, Susanne**

Club: Soulrunner

Number: 215

Course: 100.20 km

100 Kilometer

Category:

Seniorinnen W40 (40-44 Jahre)

Total time: 15:54:30

Speed: 6.30 km/h

Running performance: 9:32 min/km

Rank in course/Total: 181 (of 216)

Rank in course/Women: 30 (of 35)

Best time in course: 9:56:00

Rank in category: 4(of 7)

Best time in the category: 12:42:25

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	4:03:29	9:01	5	35:50	30	1:29:43	27.00	4:03:29	9:01	5	35:50	30	1:29:43
Floh-Seligenthal	27.00	4:09:43	9:14	4	40:20	31	1:33:50	54.00	8:13:12	9:07	5	1:05:10	32	3:03:33
Finsterbergen	22.00	3:47:35	10:20	4	48:15	27	1:26:17	76.00	12:00:47	9:29	4	1:43:42	31	4:29:50
Prefinish	23.70	3:51:38	9:46	4	1:27:28	27	1:27:46	99.70	15:52:25	9:33	4	3:11:10	30	5:57:36
Fröttstädt	0.50	2:05	4:10	5	0:55	30	0:55	100.20	15:54:30	9:31	4	3:12:05	30	5:58:30