



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Janus, Andreas

Club: Hamminkelner SV  
Number: 19

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M50 (50-54 Jahre)

Total time: 16:01:07

Speed: 6.24 km/h  
Running performance: 9:35 min/km

Rank in course/Total: 182 (of 216)

Rank in course/Men: 152 (of 181)

Best time in course: 8:48:12

Rank in category: 32(of 38)

Best time in the category: 10:23:21

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:47:14	8:24	30	57:50	139	1:22:02	27.00	3:47:14	8:24	30	57:50	138	1:22:02
Floh-Seligenthal	27.00	3:53:53	8:39	32	1:06:44	141	1:32:53	54.00	7:41:07	8:32	32	2:04:34	144	2:54:55
Finsterbergen	22.00	4:04:38	11:07	34	1:33:29	160	2:04:36	76.00	11:45:45	9:17	32	3:37:49	151	4:56:39
Prefinish	23.70	4:13:54	10:42	33	1:59:44	154	2:15:51	99.70	15:59:39	9:37	32	5:37:33	151	7:12:30
Fröttstädt	0.50	1:28	2:55	17	0:16	84	0:29	100.20	16:01:07	9:35	32	5:37:46	152	7:12:55