



10. Thüringen ULTRA

Fröttstädt / 02.07.2016

Detailed evaluation

Rohwedder, Karl

Club: 100 Marathon Club
Number: 1004

Course: 160.00 km
100 Meilen

Category:
Senioren M60 (60-64 Jahre)

Total time: 26:06:49

Speed: 6.13 km/h
Running performance: 9:47 min/km

Rank in course/Total: 58 (of 108)

Rank in course/Men: 53 (of 98)

Best time in course: 17:27:33

Rank in category: 4(of 9)

Best time in the category: 23:39:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.50	5:18:43	7:29	2	40:20	54	1:22:56	42.50	5:18:43	7:29	10	40:20	94	1:22:56
Sontra	27.50	5:02:32	11:00	7	56:02	61	1:59:30	70.00	10:21:15	8:52	10	56:50	91	3:00:35
Glasbachwiese	17.00	3:11:40	11:16	5	21:40	59	1:18:48	87.00	13:32:55	9:20	9	57:36	89	3:57:51
Gensberg/Brotte	13.00	2:48:36	12:58	6	28:48	64	1:02:39	100.00	16:21:31	9:48	9	1:12:54	80	5:00:30
Floh-Seligenthal	14.00	1:50:05	7:51	7	22:47	64	44:51	114.00	18:11:36	9:34	9	1:28:09	78	5:45:21
Finsterbergen	22.00	4:06:41	11:12	5	35:18	56	1:35:21	136.00	22:18:17	9:50	9	1:49:35	73	7:20:42
Prefinish	23.50	3:46:29	9:38	5	37:36	41	1:17:43	159.50	26:04:46	9:48	8	2:27:11	71	8:38:25
Fröttstädt	0.50	2:03	4:05	6	0:36	55	0:57	160.00	26:06:49	9:47	4	2:27:46	53	8:39:16