



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Rohwedder, Cornelia

Club: LG Mauerweg Berlin e.V.
Number: 1003

Course: 160.00 km
100 Meilen

Category:
Seniorinnen W50 (50-54 Jahre)

Total time: 26:06:48

Speed: 6.13 km/h
Running performance: 9:47 min/km

Rank in course/Total: 57 (of 108)

Rank in course/Women: 5 (of 10)

Best time in course: 21:35:30

Rank in category: 1(of 1)

Best time in the category: 26:06:48

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Hörselberg	42.50	5:18:25	7:29	1	-	5	47:15	42.50	5:18:25	7:29	1	-	10	47:15
Sontra	27.50	5:02:25	10:59	1	-	4	42:09	70.00	10:20:50	8:52	1	-	9	1:20:08
Glasbachwiese	17.00	3:12:02	11:17	1	-	4	28:59	87.00	13:32:52	9:20	1	-	10	1:49:07
Gensberg/Brotte	13.00	2:47:54	12:54	1	-	5	38:46	100.00	16:20:46	9:48	1	-	9	2:26:05
Floh-Seligenthal	14.00	1:47:55	7:42	1	-	6	28:20	114.00	18:08:41	9:32	1	-	9	2:54:25
Finsterbergen	22.00	4:09:14	11:19	1	-	7	57:24	136.00	22:17:55	9:50	1	-	8	3:51:49
Prefinish	23.50	3:46:50	9:39	1	-	5	38:59	159.50	26:04:45	9:48	1	-	8	4:30:48
Fröttstädt	0.50	2:03	4:05	1	-	6	0:38	160.00	26:06:48	9:47	1	-	5	4:31:18