



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Mühlenberg, Heiko

Club: Team Erdinger Alkoholfrei  
Number: 42

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M50 (50-54 Jahre)

Total time: 16:10:52

Speed: 6.19 km/h  
Running performance: 9:41 min/km

Rank in course/Total: 183 (of 216)

Rank in course/Men: 153 (of 181)

Best time in course: 8:48:12

Rank in category: 33(of 38)

Best time in the category: 10:23:21

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Glasbachwiese	27.00	3:59:18	8:51	35	1:09:54	161	1:34:06	27.00	3:59:18	8:51	35	1:09:54	160	1:34:06
Floh-Seligenthal	27.00	4:17:47	9:32	33	1:30:38	164	1:56:47	54.00	8:17:05	9:12	33	2:40:32	163	3:30:53
Finsterbergen	22.00	4:01:42	10:59	33	1:30:33	159	2:01:40	76.00	12:18:47	9:43	33	4:10:51	159	5:29:41
Prefinish	23.70	3:50:20	9:43	31	1:36:10	133	1:52:17	99.70	16:09:07	9:43	33	5:47:01	152	7:21:58
Fröttstädt	0.50	1:45	3:30	33	0:33	132	0:46	100.20	16:10:52	9:41	33	5:47:31	153	7:22:40