



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Eisner, Gerhard

Club: Laufftreff Asbach
Number: 203

Course: 100.20 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 16:20:37

Speed: 6.13 km/h
Running performance: 9:47 min/km

Rank in course/Total: 185 (of 216)

Rank in course/Men: 154 (of 181)

Best time in course: 8:48:12

Rank in category: 39(of 43)

Best time in the category: 9:49:30

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Men	Men			km	Time	
Glasbachwiese	27.00	4:12:39	9:21	41	1:35:43	175	1:47:27	27.00	4:12:39	9:21	41	1:35:43	174	1:47:27
Floh-Seligenthal	27.00	4:29:08	9:58	41	1:55:54	169	2:08:08	54.00	8:41:47	9:39	41	3:30:30	171	3:55:35
Finsterbergen	22.00	3:45:06	10:13	38	1:31:22	143	1:45:04	76.00	12:26:53	9:49	40	4:53:15	161	5:37:47
Prefinish	23.70	3:51:40	9:46	34	1:40:34	137	1:53:37	99.70	16:18:33	9:48	39	6:30:11	153	7:31:24
Fröttstädt	0.50	2:04	4:08	36	1:01	146	1:05	100.20	16:20:37	9:47	39	6:31:07	154	7:32:25