



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Gentzcke, Jan

Club: BergeWentRein
Number: 1084

Course: 160.00 km
100 Meilen

Category:
Senioren M50 (50-54 Jahre)

Total time: 27:22:00

Speed: 5.85 km/h
Running performance: 10:16 min/km

Rank in course/Total: 67 (of 108)

Rank in course/Men: 61 (of 98)

Best time in course: 17:27:33

Rank in category: 17(of 30)

Best time in the category: 20:42:51

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.50	5:33:31	7:50	20	1:37:44	72	1:37:44	42.50	5:33:31	7:50	28	1:37:44	94	1:37:44
Sontra	27.50	5:33:11	12:06	18	1:56:55	74	2:30:09	70.00	11:06:42	9:31	26	3:34:39	91	3:46:02
Glasbachwiese	17.00	3:30:45	12:23	21	1:06:59	77	1:37:53	87.00	14:37:27	10:05	26	4:23:13	89	5:02:23
Gensberg/Brotte	13.00	2:47:54	12:54	16	46:59	62	1:01:57	100.00	17:25:21	10:27	22	4:12:43	80	6:04:20
Floh-Seligenthal	14.00	1:53:43	8:07	17	34:04	67	48:29	114.00	19:19:04	10:10	22	4:44:58	78	6:52:49
Finsterbergen	22.00	3:59:26	10:52	14	58:12	49	1:28:06	136.00	23:18:30	10:16	20	5:43:10	73	8:20:55
Prefinish	23.50	4:01:48	10:17	13	59:36	50	1:33:02	159.50	27:20:18	10:17	20	6:38:54	71	9:53:57
Fröttstädt	0.50	1:42	3:23	8	0:24	36	0:36	160.00	27:22:00	10:15	17	6:39:09	61	9:54:27