



10. Thüringen ULTRA

Fröttstädt / 02.07.2016

Detailed evaluation

Grüßner, Philipp

Club: Team Haizkeiler

Number: 90

Course: 100.20 km

100 Kilometer

Category:

Männer (20-29 Jahre)

Total time: 16:23:33

Speed: 6.10 km/h

Running performance: 9:49 min/km

Rank in course/Total: 189 (of 216)

Rank in course/Men: 156 (of 181)

Best time in course: 8:48:12

Rank in category: 7(of 11)

Best time in the category: 10:44:48

Intermediate times

Stage score

Total ranking

Control	Split		Pos	Behind	Pos		Behind	Total		Pos	Behind	Pos		Behind
	km	Time			min/km	Cat.		Men	Men			km	Time	
Glasbachwiese	27.00	3:32:27	7:52	10	55:09	112	1:07:15	27.00	3:32:27	7:52	10	55:09	111	1:07:15
Floh-Seligenthal	27.00	4:00:22	8:54	8	1:05:03	146	1:39:22	54.00	7:32:49	8:23	8	1:51:33	129	2:46:37
Finsterbergen	22.00	3:54:25	10:39	9	1:25:44	155	1:54:23	76.00	11:27:14	9:02	8	3:17:17	142	4:38:08
Prefinish	23.70	4:52:44	12:21	8	2:23:12	166	2:54:41	99.70	16:19:58	9:49	8	5:36:27	155	7:32:49
Fröttstädt	0.50	3:35	7:10	9	2:25	167	2:36	100.20	16:23:33	9:48	7	5:38:45	156	7:35:21