



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Jahn, Henry

Club: SV Bad Düben
Number: 111

Course: 100.20 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 16:48:39

Speed: 5.95 km/h
Running performance: 10:04 min/km

Rank in course/Total: 196 (of 216)

Rank in course/Men: 164 (of 181)

Best time in course: 8:48:12

Rank in category: 34(of 38)

Best time in the category: 10:23:21

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:46:49	8:24	28	57:25	136	1:21:37	27.00	3:46:49	8:24	28	57:25	135	1:21:37
Floh-Seligenthal	27.00	4:35:41	10:12	35	1:48:32	171	2:14:41	54.00	8:22:30	9:18	34	2:45:57	165	3:36:18
Finsterbergen	22.00	4:04:44	11:07	35	1:33:35	161	2:04:42	76.00	12:27:14	9:49	34	4:19:18	162	5:38:08
Prefinish	23.70	4:18:56	10:55	34	2:04:46	157	2:20:53	99.70	16:46:10	10:05	34	6:24:04	163	7:59:01
Fröttstädt	0.50	2:29	4:58	36	1:17	160	1:30	100.20	16:48:39	10:03	34	6:25:18	164	8:00:27