



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

König, Sascha

Club: TSV Kabel 1882
Number: 201

Course: 100.20 km
100 Kilometer

Category:
Senioren M40 (40-44 Jahre)

Total time: 9:37:00

Speed: 10.40 km/h
Running performance: 5:46 min/km

Rank in course/Total: 4 (of 216)

Rank in course/Men: 4 (of 181)

Best time in course: 8:48:12

Rank in category: 1(of 22)

Best time in the category: 9:37:00

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	2:39:21	5:54	2	12:44	12	14:09	27.00	2:39:21	5:54	2	12:44	12	14:09
Floh-Seligenthal	27.00	2:28:46	5:30	1	-	4	7:46	54.00	5:08:07	5:42	1	-	5	21:55
Finsterbergen	22.00	2:12:03	6:00	1	-	3	12:01	76.00	7:20:10	5:47	1	-	4	31:04
Prefinish	23.70	2:15:34	5:43	1	-	8	17:31	99.70	9:35:44	5:46	1	-	4	48:35
Fröttstädt	0.50	1:16	2:31	4	0:08	31	0:17	100.20	9:37:00	5:45	1	-	4	48:48