



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Gleißner, Werner

Club: München
Number: 198

Course: 100.20 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 19:22:32

Speed: 5.16 km/h
Running performance: 11:36 min/km

Rank in course/Total: 202 (of 216)

Rank in course/Men: 169 (of 181)

Best time in course: 8:48:12

Rank in category: 36(of 38)

Best time in the category: 10:23:21

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	4:38:49	10:19	38	1:49:25	177	2:13:37	27.00	4:38:49	10:19	38	1:49:25	176	2:13:37
Floh-Seligenthal	27.00	5:08:09	11:24	36	2:21:00	174	2:47:09	54.00	9:46:58	10:52	36	4:10:25	173	5:00:46
Finsterbergen	22.00	4:27:23	12:09	36	1:56:14	169	2:27:21	76.00	14:14:21	11:14	36	6:06:25	169	7:25:15
Prefinish	23.70	5:05:51	12:54	36	2:51:41	169	3:07:48	99.70	19:20:12	11:38	36	8:58:06	168	10:33:03
Fröttstädt	0.50	2:20	4:40	35	1:08	156	1:21	100.20	19:22:32	11:36	36	8:59:11	169	10:34:20