



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Bechmann, Rico

Club: Lauffeuer Fröttstädt  
Number: 3

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M30 (30-34 Jahre)

Total time: 9:52:57

Speed: 10.12 km/h  
Running performance: 5:55 min/km

Rank in course/Total: 7 (of 216)

Rank in course/Men: 7 (of 181)

Best time in course: 8:48:12

Rank in category: 1(of 6)

Best time in the category: 9:52:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	2:33:16	5:40	1	-	5	8:04	27.00	2:33:16	5:40	1	-	5	8:04
Floh-Seligenthal	27.00	2:37:51	5:50	1	-	8	16:51	54.00	5:11:07	5:45	1	-	6	24:55
Finsterbergen	22.00	2:24:26	6:33	1	-	9	24:24	76.00	7:35:33	5:59	1	-	7	46:27
Prefinish	23.70	2:16:15	5:44	1	-	9	18:12	99.70	9:51:48	5:56	1	-	7	1:04:39
Fröttstädt	0.50	1:09	2:17	2	0:10	9	0:10	100.20	9:52:57	5:55	1	-	7	1:04:45