



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Thomas, Dirk

Club: Pace Pack Runners Eisenach
Number: 232

Course: 100.20 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 9:53:24

Speed: 10.11 km/h
Running performance: 5:55 min/km

Rank in course/Total: 8 (of 216)

Rank in course/Men: 8 (of 181)

Best time in course: 8:48:12

Rank in category: 2(of 43)

Best time in the category: 9:49:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	2:47:39	6:12	4	10:43	17	22:27	27.00	2:47:39	6:12	4	10:43	16	22:27
Floh-Seligenthal	27.00	2:39:52	5:55	3	6:38	10	18:52	54.00	5:27:31	6:03	4	16:14	11	41:19
Finsterbergen	22.00	2:13:44	6:04	1	-	5	13:42	76.00	7:41:15	6:04	2	7:37	8	52:09
Prefinish	23.70	2:11:06	5:31	1	-	4	13:03	99.70	9:52:21	5:56	2	3:59	8	1:05:12
Fröttstädt	0.50	1:03	2:06	1	-	2	0:04	100.20	9:53:24	5:55	2	3:54	8	1:05:12