



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Goj, Karoline

Club: Katholische Laufjugend Arnstadt
Number: 213

Course: 100.20 km
100 Kilometer

Category:
Frauen (20-29 Jahre)

Total time: 10:44:48

Speed: 9.31 km/h
Running performance: 6:26 min/km

Rank in course/Total: 22 (of 216)

Rank in course/Women: 3 (of 35)

Best time in course: 9:56:00

Rank in category: 1(of 2)

Best time in the category: 10:44:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Glasbachwiese	27.00	2:53:39	6:25	1	-	3	19:53	27.00	2:53:39	6:25	1	-	3	19:53
Floh-Seligenthal	27.00	2:47:39	6:12	1	-	2	11:46	54.00	5:41:18	6:19	1	-	3	31:39
Finsterbergen	22.00	2:28:38	6:45	1	-	2	7:20	76.00	8:09:56	6:26	1	-	3	38:59
Prefinish	23.70	2:33:36	6:28	1	-	4	9:44	99.70	10:43:32	6:27	1	-	3	48:43
Fröttstädt	0.50	1:16	2:31	1	-	4	0:06	100.20	10:44:48	6:26	1	-	3	48:48