



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Kopp, Helmut

Club: Ruthis Runners
Number: 231

Course: 100.20 km
100 Kilometer

Category:
Senioren M50 (50-54 Jahre)

Total time: 10:48:42

Speed: 9.25 km/h
Running performance: 6:28 min/km

Rank in course/Total: 24 (of 216)

Rank in course/Men: 21 (of 181)

Best time in course: 8:48:12

Rank in category: 2(of 38)

Best time in the category: 10:23:21

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	2:58:23	6:36	5	8:59	37	33:11	27.00	2:58:23	6:36	5	8:59	36	33:11
Floh-Seligenthal	27.00	2:53:04	6:24	2	5:55	24	32:04	54.00	5:51:27	6:30	2	14:54	27	1:05:15
Finsterbergen	22.00	2:36:27	7:06	3	5:18	27	36:25	76.00	8:27:54	6:40	3	19:58	29	1:38:48
Prefinish	23.70	2:19:32	5:53	2	5:22	11	21:29	99.70	10:47:26	6:29	2	25:20	20	2:00:17
Fröttstädt	0.50	1:16	2:31	7	0:04	31	0:17	100.20	10:48:42	6:28	2	25:21	21	2:00:30