



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Hennig, Thomas

Club: Die 31er
Number: 112

Course: 100.20 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 11:01:38

Speed: 9.07 km/h
Running performance: 6:36 min/km

Rank in course/Total: 30 (of 216)

Rank in course/Men: 27 (of 181)

Best time in course: 8:48:12

Rank in category: 8(of 43)

Best time in the category: 9:49:30

Control	Intermediate times					Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Glasbachwiese	27.00	2:47:50	6:12	5	10:54	18	22:38	27.00	2:47:50	6:12	5	10:54	17	22:38	
Floh-Seligenthal	27.00	2:47:26	6:12	7	14:12	18	26:26	54.00	5:35:16	6:12	7	23:59	17	49:04	
Finsterbergen	22.00	2:42:54	7:24	10	29:10	40	42:52	76.00	8:18:10	6:33	6	44:32	20	1:29:04	
Prefinish	23.70	2:42:20	6:50	11	31:14	39	44:17	99.70	11:00:30	6:37	8	1:12:08	26	2:13:21	
Fröttstädt	0.50	1:08	2:15	2	0:05	5	0:09	100.20	11:01:38	6:36	8	1:12:08	27	2:13:26	