



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Fanslau, Thomas

Club: Berlin
Number: 51

Course: 100.20 km
100 Kilometer

Category:
Senioren M45 (45-49 Jahre)

Total time: 11:07:59

Speed: 8.98 km/h
Running performance: 6:40 min/km

Rank in course/Total: 32 (of 216)

Rank in course/Men: 29 (of 181)

Best time in course: 8:48:12

Rank in category: 9(of 43)

Best time in the category: 9:49:30

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	2:53:22	6:25	8	16:26	29	28:10	27.00	2:53:22	6:25	8	16:26	28	28:10
Floh-Seligenthal	27.00	2:51:58	6:22	8	18:44	23	30:58	54.00	5:45:20	6:23	8	34:03	25	59:08
Finsterbergen	22.00	2:41:09	7:19	8	27:25	35	41:07	76.00	8:26:29	6:39	9	52:51	26	1:37:23
Prefinish	23.70	2:40:18	6:45	9	29:12	36	42:15	99.70	11:06:47	6:41	9	1:18:25	28	2:19:38
Fröttstädt	0.50	1:12	2:23	7	0:09	14	0:13	100.20	11:07:59	6:39	9	1:18:29	29	2:19:47