



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Flocke, Berthold

Club: Renningen
Number: 137

Course: 100.20 km
100 Kilometer

Category:
Senioren M40 (40-44 Jahre)

Total time: 11:12:25

Speed: 8.92 km/h
Running performance: 6:43 min/km

Rank in course/Total: 34 (of 216)

Rank in course/Men: 31 (of 181)

Best time in course: 8:48:12

Rank in category: 5(of 22)

Best time in the category: 9:37:00

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:09:00	7:00	7	42:23	56	43:48	27.00	3:09:00	7:00	7	42:23	55	43:48
Floh-Seligenthal	27.00	2:54:28	6:27	6	25:42	28	33:28	54.00	6:03:28	6:43	7	55:21	40	1:17:16
Finsterbergen	22.00	2:30:57	6:51	4	18:54	17	30:55	76.00	8:34:25	6:46	6	1:14:15	32	1:45:19
Prefinish	23.70	2:36:44	6:36	7	21:10	32	38:41	99.70	11:11:09	6:43	5	1:35:25	30	2:24:00
Fröttstädt	0.50	1:16	2:31	4	0:08	31	0:17	100.20	11:12:25	6:42	5	1:35:25	31	2:24:13