



10. Thüringen ULTRA

Fröttstädt / 02.07.2016

Detailed evaluation

Weinmann, Rene

Club: Lauf- und Triathlonverein Genthin

Number: 1077

Course: 160.00 km

100 Meilen

Category:

Senioren M45 (45-49 Jahre)

Total time: 19:17:13

Speed: 8.30 km/h

Running performance: 7:14 min/km

Rank in course/Total: 3 (of 108)

Rank in course/Men: 3 (of 98)

Best time in course: 17:27:33

Rank in category: 3(of 15)

Best time in the category: 17:27:33

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.50	4:11:00	5:54	3	15:13	4	15:13	42.50	4:11:00	5:54	16	15:13	94	15:13
Sontra	27.50	3:51:47	8:25	3	26:54	8	48:45	70.00	8:02:47	6:53	16	42:07	91	42:07
Glasbachwiese	17.00	2:35:46	9:09	3	21:22	10	42:54	87.00	10:38:33	7:20	16	1:03:29	89	1:03:29
Gensberg/Brotte	13.00	1:59:17	9:10	3	13:20	3	13:20	100.00	12:37:50	7:34	16	1:16:49	80	1:16:49
Floh-Seligenthal	14.00	1:16:29	5:27	3	11:15	3	11:15	114.00	13:54:19	7:19	15	1:28:04	78	1:28:04
Finsterbergen	22.00	2:52:21	7:50	2	21:01	2	21:01	136.00	16:46:40	7:24	15	1:49:05	73	1:49:05
Prefinish	23.50	2:29:20	6:21	2	0:34	2	0:34	159.50	19:16:00	7:14	14	1:49:39	71	1:49:39
Fröttstädt	0.50	1:13	2:25	3	0:04	4	0:07	160.00	19:17:13	7:13	3	1:49:40	3	1:49:40