



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Dautel, Alexander

Club: LG Nord Berlin Ultrateam  
Number: 54

Course: 100.20 km  
100 Kilometer

Category:  
Männer (20-29 Jahre)

Total time: 11:40:07

Speed: 8.57 km/h  
Running performance: 6:59 min/km

Rank in course/Total: 47 (of 216)

Rank in course/Men: 42 (of 181)

Best time in course: 8:48:12

Rank in category: 3(of 11)

Best time in the category: 10:44:48

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:04:46	6:50	5	27:28	50	39:34	27.00	3:04:46	6:50	5	27:28	49	39:34
Floh-Seligenthal	27.00	3:08:19	6:58	3	13:00	48	47:19	54.00	6:13:05	6:54	5	31:49	46	1:26:53
Finsterbergen	22.00	2:40:34	7:17	2	11:53	33	40:32	76.00	8:53:39	7:01	3	43:42	41	2:04:33
Prefinish	23.70	2:45:02	6:57	3	15:30	44	46:59	99.70	11:38:41	7:00	3	55:10	41	2:51:32
Fröttstädt	0.50	1:26	2:52	4	0:16	70	0:27	100.20	11:40:07	6:59	3	55:19	42	2:51:55