



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Stader, Claudia

Club: Team Campana  
Number: 204

Course: 100.20 km  
100 Kilometer

Category:  
Seniorinnen W45 (45-49 Jahre)

Total time: 11:40:47

Speed: 8.56 km/h  
Running performance: 6:59 min/km

Rank in course/Total: 48 (of 216)

Rank in course/Women: 5 (of 35)

Best time in course: 9:56:00

Rank in category: 2(of 7)

Best time in the category: 10:34:01

Intermediate times

Stage score

Total ranking

Control	Split			Pos		Behind		Total			Pos		Behind	
	km	Time	min/km	Cat.	Cat.	Women	Women	km	Time	min/km	Cat.	Cat.	Women	Women
Glasbachwiese	27.00	3:09:34	7:01	2	30:54	5	35:48	27.00	3:09:34	7:01	2	30:54	5	35:48
Floh-Seligenthal	27.00	3:08:59	6:59	3	14:04	6	33:06	54.00	6:18:33	7:00	2	44:58	5	1:08:54
Finsterbergen	22.00	2:38:42	7:12	2	7:45	4	17:24	76.00	8:57:15	7:04	2	52:43	5	1:26:18
Prefinish	23.70	2:42:00	6:50	3	13:47	6	18:08	99.70	11:39:15	7:00	2	1:06:30	5	1:44:26
Fröttstädt	0.50	1:32	3:04	6	0:16	17	0:22	100.20	11:40:47	6:59	2	1:06:46	5	1:44:47