



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Thieme, Günter

Club: ESV Lok Zwickau  
Number: 164

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M45 (45-49 Jahre)

Total time: 11:43:12

Speed: 8.55 km/h  
Running performance: 7:01 min/km

Rank in course/Total: 49 (of 216)

Rank in course/Men: 44 (of 181)

Best time in course: 8:48:12

Rank in category: 12(of 43)

Best time in the category: 9:49:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:12:54	7:08	14	35:58	60	47:42	27.00	3:12:54	7:08	14	35:58	59	47:42
Floh-Seligenthal	27.00	3:05:52	6:53	11	32:38	43	44:52	54.00	6:18:46	7:00	13	1:07:29	52	1:32:34
Finsterbergen	22.00	2:41:58	7:21	9	28:14	37	41:56	76.00	9:00:44	7:06	12	1:27:06	46	2:11:38
Prefinish	23.70	2:41:08	6:47	10	30:02	37	43:05	99.70	11:41:52	7:02	12	1:53:30	43	2:54:43
Fröttstädt	0.50	1:20	2:39	15	0:17	52	0:21	100.20	11:43:12	7:01	12	1:53:42	44	2:55:00