



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Balzk, Harald

Club: Bad Karlshafen
Number: 34

Course: 100.20 km
100 Kilometer

Category:
Senioren M60 (60-64 Jahre)

Total time: 11:49:36

Speed: 8.46 km/h
Running performance: 7:05 min/km

Rank in course/Total: 52 (of 216)

Rank in course/Men: 46 (of 181)

Best time in course: 8:48:12

Rank in category: 2(of 8)

Best time in the category: 11:18:36

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:23:23	7:31	2	24:23	95	58:11	27.00	3:23:23	7:31	2	24:23	94	58:11
Floh-Seligenthal	27.00	3:09:58	7:02	2	15:23	52	48:58	54.00	6:33:21	7:17	2	39:46	67	1:47:09
Finsterbergen	22.00	2:43:20	7:25	2	10:10	43	43:18	76.00	9:16:41	7:19	2	49:56	58	2:27:35
Prefinish	23.70	2:31:27	6:23	1	-	22	33:24	99.70	11:48:08	7:06	2	30:58	45	3:00:59
Fröttstädt	0.50	1:28	2:55	2	0:02	84	0:29	100.20	11:49:36	7:04	2	31:00	46	3:01:24