



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Fels, Stefan

Club: EA 1

Number: 1119

Course: 160.00 km

100 Meilen

Category:

Senioren M45 (45-49 Jahre)

Total time: 18:49:48

Speed: 8.50 km/h

Running performance: 7:04 min/km

Rank in course/Total: 2 (of 108)

Rank in course/Men: 2 (of 98)

Best time in course: 17:27:33

Rank in category: 2(of 15)

Best time in the category: 17:27:33

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.50	4:07:34	5:49	2	11:47	3	11:47	42.50	4:07:34	5:49	16	11:47	94	11:47
Sontra	27.50	3:35:30	7:50	2	10:37	3	32:28	70.00	7:43:04	6:36	16	22:24	91	22:24
Glasbachwiese	17.00	2:16:43	8:02	2	2:19	4	23:51	87.00	9:59:47	6:53	16	24:43	89	24:43
Gensberg/Brotte	13.00	1:54:19	8:47	2	8:22	2	8:22	100.00	11:54:06	7:08	16	33:05	80	33:05
Floh-Seligenthal	14.00	1:14:03	5:17	2	8:49	2	8:49	114.00	13:08:09	6:54	15	41:54	78	41:54
Finsterbergen	22.00	2:53:46	7:53	3	22:26	4	22:26	136.00	16:01:55	7:04	15	1:04:20	73	1:04:20
Prefinish	23.50	2:46:44	7:05	3	17:58	3	17:58	159.50	18:48:39	7:04	14	1:22:18	71	1:22:18
Fröttstädt	0.50	1:09	2:17	1	-	2	0:03	160.00	18:49:48	7:03	2	1:22:15	2	1:22:15