



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Wiedig, Michael

Club: Aschersleben
Number: 205

Course: 100.20 km
100 Kilometer

Category:
Senioren M35 (35-39 Jahre)

Total time: 11:54:45

Speed: 8.41 km/h
Running performance: 7:08 min/km

Rank in course/Total: 55 (of 216)

Rank in course/Men: 49 (of 181)

Best time in course: 8:48:12

Rank in category: 6(of 18)

Best time in the category: 8:48:12

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:02:58	6:46	7	37:46	48	37:46	27.00	3:02:58	6:46	6	37:46	47	37:46
Floh-Seligenthal	27.00	3:01:03	6:42	6	40:03	41	40:03	54.00	6:04:01	6:44	6	1:17:49	41	1:17:49
Finsterbergen	22.00	2:54:11	7:55	7	54:09	59	54:09	76.00	8:58:12	7:04	5	2:09:06	45	2:09:06
Prefinish	23.70	2:55:14	7:23	9	57:11	63	57:11	99.70	11:53:26	7:09	5	3:06:17	48	3:06:17
Fröttstädt	0.50	1:19	2:38	6	0:16	45	0:20	100.20	11:54:45	7:07	6	3:06:33	49	3:06:33