



10. Thüringen ULTRA
Fröttstädt / 02.07.2016

Detailed evaluation

Meikstat, Gunnar

Club: Multisport LOS
Number: 1035

Course: 160.00 km
100 Meilen

Category:
Senioren M35 (35-39 Jahre)

Total time: 22:05:53

Speed: 7.24 km/h
Running performance: 8:17 min/km

Rank in course/Total: 14 (of 108)

Rank in course/Men: 13 (of 98)

Best time in course: 17:27:33

Rank in category: 3(of 11)

Best time in the category: 20:25:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Hörselberg	42.50	5:02:54	7:07	6	44:29	45	1:07:07	42.50	5:02:54	7:07	10	44:29	94	1:07:07
Sontra	27.50	4:54:24	10:42	5	1:51:22	47	1:51:22	70.00	9:57:18	8:31	10	2:01:25	91	2:36:38
Glasbachwiese	17.00	2:26:30	8:37	1	-	7	33:38	87.00	12:23:48	8:32	11	1:48:23	89	2:48:44
Gensberg/Brotte	13.00	2:08:25	9:52	2	5:26	9	22:28	100.00	14:32:13	8:43	9	1:53:49	80	3:11:12
Floh-Seligenthal	14.00	1:29:42	6:24	4	8:20	25	24:28	114.00	16:01:55	8:26	8	1:57:28	78	3:35:40
Finsterbergen	22.00	3:03:28	8:20	1	-	10	32:08	136.00	19:05:23	8:25	7	1:43:45	73	4:07:48
Prefinish	23.50	2:58:51	7:36	2	0:03	10	30:05	159.50	22:04:14	8:18	7	1:39:59	71	4:37:53
Fröttstädt	0.50	1:39	3:17	3	0:24	32	0:33	160.00	22:05:53	8:17	3	1:40:23	13	4:38:20