



10. Thüringen ULTRA  
Fröttstädt / 02.07.2016

Detailed evaluation

Möwald, Reiner

Club: GutsMuths-Rennsteiglaufverein e. V.  
Number: 6

Course: 100.20 km  
100 Kilometer

Category:  
Senioren M45 (45-49 Jahre)

Total time: 12:11:06

Speed: 8.21 km/h  
Running performance: 7:18 min/km

Rank in course/Total: 59 (of 216)

Rank in course/Men: 53 (of 181)

Best time in course: 8:48:12

Rank in category: 14(of 43)

Best time in the category: 9:49:30

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Glasbachwiese	27.00	3:12:55	7:08	15	35:59	61	47:43	27.00	3:12:55	7:08	15	35:59	60	47:43
Floh-Seligenthal	27.00	3:12:05	7:06	17	38:51	60	51:05	54.00	6:25:00	7:07	15	1:13:43	59	1:38:48
Finsterbergen	22.00	2:50:50	7:45	16	37:06	56	50:48	76.00	9:15:50	7:18	15	1:42:12	55	2:26:44
Prefinish	23.70	2:53:48	7:20	15	42:42	56	55:45	99.70	12:09:38	7:19	14	2:21:16	52	3:22:29
Fröttstädt	0.50	1:28	2:55	22	0:25	84	0:29	100.20	12:11:06	7:17	14	2:21:36	53	3:22:54