



21. EWR Triathlon Lampertheim  
Lampertheim / 26.06.2016

Detailed evaluation

Wald, Christian

Total time: 21:13

Club: LSV 07 Ludwigshafen  
Number: 808

Course: 6.20 km  
Schüler B Triathlon (200 m, 5 km, 1,0 km)

Rank in course/Total: 3 (of 16)  
Rank in course/Men: 3 (of 10)  
Best time in course: 20:43

Category:  
männliche Schüler B (10+11 Jahre)

Rank in category: 3(of 10)  
Best time in the category: 20:43

Intermediate times					Stage score				Total ranking					
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.20	3:35	17:55	2	0:12	2	0:12	0.20	3:35	17:55	2	0:12	2	0:12
Wechsel S -> R	-	1:02	-	2	0:05	2	0:05	0.20	4:37	23:04	2	0:05	2	0:05
Schwimmen Total	0.20	4:37	23:04	2	0:05	2	0:05	0.20	4:37	23:04	2	0:05	2	0:05
Rad netto	5.00	11:02	2:12	2	0:14	2	0:14	5.20	15:39	3:00	3	0:04	3	0:04
Wechsel R -> L	-	0:53	-	4	0:04	4	0:04	5.20	16:32	3:10	3	0:03	3	0:03
Rad Total	5.00	11:55	2:23	2	0:13	2	0:13	5.20	16:32	3:10	3	0:03	3	0:03
Lauf	1.00	4:41	4:41	4	0:27	4	0:27	6.20	21:13	3:25	3	0:30	3	0:30