



21. EWR Triathlon Lampertheim

Lampertheim / 26.06.2016

Detailed evaluation

Team Krabbathlon

Total time: 1:08:33

Club: Team Krabbathlon

Number: 253

Course: 25.50 km

Rank in course/Total: 5 (of 15)

Jedermann Staffelttriathlon (500 m, 20 km, 5 km)

Rank in course/Men: 5 (of 12)

Best time in course: 1:00:43

Category:

Rank in category: 5(of 12)

Staffel Männer

Best time in the category: 1:00:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.50	9:28	18:56	7	1:25	7	1:25	0.50	9:28	18:56	7	1:25	7	1:25
Wechsel S -> R	-	0:47	-	7	0:09	7	0:09	0.50	10:15	20:30	6	1:33	6	1:33
Schwimmen Total	0.50	10:15	20:30	6	1:33	6	1:33	0.50	10:15	20:30	6	1:33	6	1:33
Rad netto	20.00	35:51	1:47	5	5:49	5	5:49	20.50	46:06	2:14	5	6:09	5	6:09
Wechsel R -> L	-	0:51	-	6	0:06	6	0:06	20.50	46:57	2:17	5	6:15	5	6:15
Rad Total	20.00	36:42	1:50	5	5:55	5	5:55	20.50	46:57	2:17	5	6:15	5	6:15
Lauf	5.00	21:36	4:19	4	2:32	4	2:32	25.50	1:08:33	2:41	5	7:50	5	7:50