



21. EWR Triathlon Lampertheim  
Lampertheim / 26.06.2016

Detailed evaluation

Lenhardt, Ellena

Total time: 28:24

Club: Griesheim

Number: 818

Course: 6.20 km

Rank in course/Total: 11 (of 16)

Schüler B Triathlon (200 m, 5 km, 1,0 km)

Rank in course/Women: 4 (of 6)

Best time in course: 22:55

Category:

Rank in category: 4(of 6)

weibliche Schüler B (10+11 Jahre)

Best time in the category: 22:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.20	5:45	28:45	5	1:09	5	1:09	0.20	5:45	28:45	5	1:09	5	1:09
Wechsel S -> R	-	1:32	-	5	0:29	5	0:29	0.20	7:17	36:24	5	1:38	5	1:38
Schwimmen Total	0.20	7:17	36:24	5	1:38	5	1:38	0.20	7:17	36:24	5	1:38	5	1:38
Rad netto	5.00	13:43	2:44	3	2:00	3	2:00	5.20	21:00	4:02	4	3:38	4	3:38
Wechsel R -> L	-	0:57	-	2	0:06	2	0:06	5.20	21:57	4:13	4	3:44	4	3:44
Rad Total	5.00	14:40	2:55	3	2:06	3	2:06	5.20	21:57	4:13	4	3:44	4	3:44
Lauf	1.00	6:27	6:27	5	1:45	5	1:45	6.20	28:24	4:34	4	5:29	4	5:29