



21. EWR Triathlon Lampertheim
Lampertheim / 26.06.2016

Detailed evaluation

Markovic, Anita

Total time: 1:22:03

Club: Hattersheim

Number: 207

Course: 25.75 km

Rank in course/Total: 55 (of 79)

Sprint Triathlon (750 m, 20 km, 5 km)

Rank in course/Women: 9 (of 19)

Best time in course: 1:05:52

Category:

Rank in category: 1(of 5)

AK30 weiblich (30-39 Jahre)

Best time in the category: 1:22:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.75	13:10	17:33	1	-	3	2:56	0.75	13:10	17:33	1	-	3	2:56
Wechsel S -> R	-	1:12	-	1	-	5	0:17	0.75	14:22	19:09	1	-	3	3:13
Schwimmen Total	0.75	14:22	19:09	1	-	3	3:13	0.75	14:22	19:09	1	-	3	3:13
Rad netto	20.00	37:47	1:53	3	1:29	13	5:44	20.75	52:09	2:30	1	-	6	8:57
Wechsel R -> L	-	1:28	-	4	0:13	15	0:31	20.75	53:37	2:35	1	-	6	9:28
Rad Total	20.00	39:15	1:57	3	1:42	13	6:15	20.75	53:37	2:35	1	-	6	9:28
Lauf	5.00	28:26	5:41	3	2:27	14	8:16	25.75	1:22:03	3:11	1	-	9	16:11