



21. EWR Triathlon Lampertheim
Lampertheim / 26.06.2016

Detailed evaluation

Schiele, Ulla

Total time: 1:22:22

Club: LCO Edenkoben
Number: 206

Course: 25.75 km
Sprint Triathlon (750 m, 20 km, 5 km)

Rank in course/Total: 57 (of 79)
Rank in course/Women: 11 (of 19)
Best time in course: 1:05:52

Category:
AK50 weiblich (50-59 Jahre)

Rank in category: 2(of 2)
Best time in the category: 1:20:45

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.75	16:17	21:42	2	0:37	14	6:03	0.75	16:17	21:42	2	0:37	14	6:03
Wechsel S -> R	-	1:23	-	1	-	10	0:28	0.75	17:40	23:33	2	0:36	13	6:31
Schwimmen Total	0.75	17:40	23:33	2	0:36	13	6:31	0.75	17:40	23:33	2	0:36	13	6:31
Rad netto	20.00	37:33	1:52	2	0:03	12	5:30	20.75	55:13	2:39	2	0:39	13	12:01
Wechsel R -> L	-	1:21	-	2	0:14	13	0:24	20.75	56:34	2:43	2	0:53	13	12:25
Rad Total	20.00	38:54	1:56	2	0:17	11	5:54	20.75	56:34	2:43	2	0:53	13	12:25
Lauf	5.00	25:48	5:09	2	0:44	9	5:38	25.75	1:22:22	3:11	2	1:37	11	16:30