



# 21. EWR Triathlon Lampertheim

Lampertheim / 26.06.2016

## Detailed evaluation

**Held, Letizia**

**Total time: 29:16**

Club: RV 03 Bürstadt Triathlon

Number: 805

Course: 6.20 km

Rank in course/Total: 12 (of 16)

Schüler B Triathlon (200 m, 5 km, 1,0 km)

Rank in course/Women: 5 (of 6)

Best time in course: 22:55

Category:

Rank in category: 5(of 6)

weibliche Schüler B (10+11 Jahre)

Best time in the category: 22:55

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.20	4:54	24:30	3	0:18	3	0:18	0.20	4:54	24:30	3	0:18	3	0:18
Wechsel S -> R	-	1:24	-	3	0:21	3	0:21	0.20	6:18	31:29	3	0:39	3	0:39
Schwimmen Total	0.20	6:18	31:29	3	0:39	3	0:39	0.20	6:18	31:29	3	0:39	3	0:39
Rad netto	5.00	16:01	3:12	6	4:18	6	4:18	5.20	22:19	4:17	5	4:57	5	4:57
Wechsel R -> L	-	1:01	-	4	0:10	4	0:10	5.20	23:20	4:29	5	5:07	5	5:07
Rad Total	5.00	17:02	3:24	6	4:28	6	4:28	5.20	23:20	4:29	5	5:07	5	5:07
Lauf	1.00	5:56	5:56	4	1:14	4	1:14	6.20	29:16	4:43	5	6:21	5	6:21