



21. EWR Triathlon Lampertheim  
Lampertheim / 26.06.2016

Detailed evaluation

Hartmann, Jill

Total time: 1:24:04

Club: TSV Amicitia Viernheim  
Number: 211

Course: 25.75 km  
Sprint Triathlon (750 m, 20 km, 5 km)

Rank in course/Total: 60 (of 79)  
Rank in course/Women: 12 (of 19)  
Best time in course: 1:05:52

Category:  
AK30 weiblich (30-39 Jahre)

Rank in category: 3(of 5)  
Best time in the category: 1:22:03

Control	Intermediate times				Stage score				Total ranking					
	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.75	16:20	21:46	5	3:10	16	6:06	0.75	16:20	21:46	5	3:10	16	6:06
Wechsel S -> R	-	1:46	-	3	0:34	13	0:51	0.75	18:06	24:08	4	3:44	14	6:57
Schwimmen Total	0.75	18:06	24:08	4	3:44	14	6:57	0.75	18:06	24:08	4	3:44	14	6:57
Rad netto	20.00	36:18	1:48	1	-	5	4:15	20.75	54:24	2:37	2	2:15	10	11:12
Wechsel R -> L	-	1:15	-	1	-	9	0:18	20.75	55:39	2:40	2	2:02	10	11:30
Rad Total	20.00	37:33	1:52	1	-	5	4:33	20.75	55:39	2:40	2	2:02	10	11:30
Lauf	5.00	28:25	5:41	2	2:26	13	8:15	25.75	1:24:04	3:15	3	2:01	12	18:12