



21. EWR Triathlon Lampertheim
Lampertheim / 26.06.2016

Detailed evaluation

Horlacher, Elisa

Total time: 1:24:08

Club: SV Nikar Heidelberg
Number: 214

Course: 25.75 km
Sprint Triathlon (750 m, 20 km, 5 km)

Rank in course/Total: 61 (of 79)
Rank in course/Women: 13 (of 19)
Best time in course: 1:05:52

Category:
Juniorinnen (18-19 Jahre)

Rank in category: 1(of 1)
Best time in the category: 1:24:08

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Schwimmen nett	0.75	14:57	19:56	1	-	7	4:43	0.75	14:57	19:56	1	-	7	4:43
Wechsel S -> R	-	1:11	-	1	-	3	0:16	0.75	16:08	21:30	1	-	7	4:59
Schwimmen Total	0.75	16:08	21:30	1	-	7	4:59	0.75	16:08	21:30	1	-	7	4:59
Rad netto	20.00	37:22	1:52	1	-	10	5:19	20.75	53:30	2:34	1	-	7	10:18
Wechsel R -> L	-	1:16	-	1	-	11	0:19	20.75	54:46	2:38	1	-	7	10:37
Rad Total	20.00	38:38	1:55	1	-	9	5:38	20.75	54:46	2:38	1	-	7	10:37
Lauf	5.00	29:22	5:52	1	-	17	9:12	25.75	1:24:08	3:16	1	-	13	18:16