



21. EWR Triathlon Lampertheim  
Lampertheim / 26.06.2016

Detailed evaluation

Beilmann, Christian

Total time: 1:25:22

Club: ESV Ludwigshafen  
Number: 46

Course: 25.75 km  
Sprint Triathlon (750 m, 20 km, 5 km)

Rank in course/Total: 63 (of 79)  
Rank in course/Men: 50 (of 60)  
Best time in course: 58:58

Category:  
AK30 männlich (30-39 Jahre)

Rank in category: 16(of 16)  
Best time in the category: 1:03:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.75	17:23	23:10	14	6:19	49	6:28	0.75	17:23	23:10	14	6:19	49	6:28
Wechsel S -> R	-	2:32	-	16	1:36	52	1:42	0.75	19:55	26:33	15	7:55	54	8:02
Schwimmen Total	0.75	19:55	26:33	15	7:55	54	8:02	0.75	19:55	26:33	15	7:55	54	8:02
Rad netto	20.00	39:19	1:57	15	9:35	54	11:30	20.75	59:14	2:51	16	15:43	55	19:24
Wechsel R -> L	-	2:15	-	15	1:21	55	1:32	20.75	1:01:29	2:57	16	17:03	56	20:49
Rad Total	20.00	41:34	2:04	16	10:55	56	12:55	20.75	1:01:29	2:57	16	17:03	56	20:49
Lauf	5.00	23:53	4:46	13	4:58	35	5:35	25.75	1:25:22	3:18	16	21:52	50	26:24