



21. EWR Triathlon Lampertheim  
Lampertheim / 26.06.2016

Detailed evaluation

Beilmann, Christian

Total time: 1:25:22

Club: ESV Ludwigshafen

Number: 46

Course: 25.75 km

Rank in course/Total: 63 (of 79)

Sprint Triathlon (750 m, 20 km, 5 km)

Rank in course/Men: 50 (of 60)

Best time in course: 58:58

Category:

Rank in category: 16(of 16)

AK30 männlich (30-39 Jahre)

Best time in the category: 1:03:30

Intermediate times

Stage score

Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Schwimmen nett  | 0.75        | 17:23         | 23:10           | 14          | 6:19           | 49          | 6:28          | 0.75          | 17:23         | 23:10           | 14          | 6:19           | 49         | 6:28          |
| Wechsel S -> R  | -           | 2:32          | -               | 16          | 1:36           | 52          | 1:42          | 0.75          | 19:55         | 26:33           | 15          | 7:55           | 54         | 8:02          |
| Schwimmen Total | 0.75        | 19:55         | 26:33           | 15          | 7:55           | 54          | 8:02          | 0.75          | 19:55         | 26:33           | 15          | 7:55           | 54         | 8:02          |
| Rad netto       | 20.00       | 39:19         | 1:57            | 15          | 9:35           | 54          | 11:30         | 20.75         | 59:14         | 2:51            | 16          | 15:43          | 55         | 19:24         |
| Wechsel R -> L  | -           | 2:15          | -               | 15          | 1:21           | 55          | 1:32          | 20.75         | 1:01:29       | 2:57            | 16          | 17:03          | 56         | 20:49         |
| Rad Total       | 20.00       | 41:34         | 2:04            | 16          | 10:55          | 56          | 12:55         | 20.75         | 1:01:29       | 2:57            | 16          | 17:03          | 56         | 20:49         |
| Lauf            | 5.00        | 23:53         | 4:46            | 13          | 4:58           | 35          | 5:35          | 25.75         | 1:25:22       | 3:18            | 16          | 21:52          | 50         | 26:24         |