



21. EWR Triathlon Lampertheim
Lampertheim / 26.06.2016

Detailed evaluation

Unverricht, Ben

Total time: 29:22

Club: ADS

Number: 811

Course: 6.20 km

Rank in course/Total: 13 (of 16)

Schüler B Triathlon (200 m, 5 km, 1,0 km)

Rank in course/Men: 8 (of 10)

Best time in course: 20:43

Category:

Rank in category: 8(of 10)

männliche Schüler B (10+11 Jahre)

Best time in the category: 20:43

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Schwimmen nett	0.20	5:50	29:09	8	2:27	8	2:27	0.20	5:50	29:09	8	2:27	8	2:27
Wechsel S -> R	-	3:14	-	10	2:17	10	2:17	0.20	9:04	45:19	9	4:32	9	4:32
Schwimmen Total	0.20	9:04	45:19	9	4:32	9	4:32	0.20	9:04	45:19	9	4:32	9	4:32
Rad netto	5.00	13:58	2:47	8	3:10	8	3:10	5.20	23:02	4:25	8	7:27	8	7:27
Wechsel R -> L	-	1:00	-	7	0:11	7	0:11	5.20	24:02	4:37	8	7:33	8	7:33
Rad Total	5.00	14:58	2:59	8	3:16	8	3:16	5.20	24:02	4:37	8	7:33	8	7:33
Lauf	1.00	5:20	5:19	8	1:06	8	1:06	6.20	29:22	4:44	8	8:39	8	8:39